My practice plan

One spot, one skill. Fill in one box each time you practice.

Name _____ Piece _____ Week of _____

Days I practiced: M Tu W Th F Sa Su

Practice 1

Date _____

My spot Measures _____ to _____

One skill ☐ Notes ☐ Rhythm ☐ Tempo ☐ Articulation ☐ Tone ☐ Tuning ☐ Dynamics ☐ Phrasing

My goal _____

What I tried ☐ Chunks ☐ One note at a time ☐ Build from the end ☐ Metronome ☐ Five in a row
☐ Long-short ☐ Each note twice ☐ Back and forth ☐ Say the note names ☐ Count and clap
☐ Hiss the rhythm ☐ Sing it ☐ Record myself

Tempo Started at _____ Ended at _____

How it went ☐ Reached my goal ☐ Better, but not there yet ☐ Stuck: try something new

Next time _____

Practice 2

Date _____

My spot Measures _____ to _____

One skill ☐ Notes ☐ Rhythm ☐ Tempo ☐ Articulation ☐ Tone ☐ Tuning ☐ Dynamics ☐ Phrasing

My goal _____

What I tried ☐ Chunks ☐ One note at a time ☐ Build from the end ☐ Metronome ☐ Five in a row
☐ Long-short ☐ Each note twice ☐ Back and forth ☐ Say the note names ☐ Count and clap
☐ Hiss the rhythm ☐ Sing it ☐ Record myself

Tempo Started at _____ Ended at _____

How it went ☐ Reached my goal ☐ Better, but not there yet ☐ Stuck: try something new

Next time _____

Practice 3

Date _____

My spot Measures _____ to _____

One skill ☐ Notes ☐ Rhythm ☐ Tempo ☐ Articulation ☐ Tone ☐ Tuning ☐ Dynamics ☐ Phrasing

My goal _____

What I tried ☐ Chunks ☐ One note at a time ☐ Build from the end ☐ Metronome ☐ Five in a row
☐ Long-short ☐ Each note twice ☐ Back and forth ☐ Say the note names ☐ Count and clap
☐ Hiss the rhythm ☐ Sing it ☐ Record myself

Tempo Started at _____ Ended at _____

How it went ☐ Reached my goal ☐ Better, but not there yet ☐ Stuck: try something new

Next time _____